

## Allowed Activities

- Essential Services & chains
- Purchase / obtain essential goods or services
- Obtain health treatment & medicine
- Conducting official Government and judicial duties

Operation hours

24 hours

Allowed Activity Hours

As per rules set in Brief Description

Residents Movement

Conditional

## ACTIVITIES & PROTOCOLS

Action	Brief Description
Involved Areas	PULAU PINANG, SELANGOR, FEDERAL TERRITORY (KUALA LUMPUR, PUTRAJAYA DAN LABUAN), MELAKA , JOHOR DAN SABAH
Enforcement Period	<b>13 Januari 2021</b> (starts at 12:01 a.m.) until <b>26 Januari 2021</b> (11:59 p.m.)
Controlled Movement	<ul style="list-style-type: none"> <li>• PDRM is responsible in enforcing control over local infection areas with the assistance of ATM, APM &amp; RELA. The entry and exit routes of MCO areas are <b>closed</b> and <b>controlled</b> by PDRM.</li> <li>• All residents in the MCO areas are <b>NOT ALLOWED</b> to leave their homes / residences except:                             <ul style="list-style-type: none"> <li>➤ <b>Only two (2) household representatives are allowed to go out just to get supplies food, medicine, dietary supplement and basic necessities within a radius not exceeding 10 kilometers from their residence</b> or to the nearest place from their residence if supply of necessities is not within a 10-kilometer radius of his residence; and</li> <li>➤ <b>A maximum of three (3) people including patients are allowed to go out to get health care or medical services within a radius not exceeding 10 kilometers from their residence</b> or to the place nearest to their residence if health services or the medicine are not within a radius of 10 kilometers from their residence.</li> <li>➤ <b>Students and candidates sitting for the Sijil Pelajaran Malaysia (SPM) Examination year 2020 and 2021, Sijil Tinggi Pelajaran Malaysia (STPM), Sijil Vokasional Malaysia (SVM), Sijil Tinggi Agama Malaysia (STAM), Malaysian Skills Certificate (SKM), Malaysian Vocational Diploma (DVM), Assessment Admission to Special Schools for Form 1 and Form 4 and international examinations equivalent are allowed to attend schools across MCO or CMCO or RMCO areas</b> in accordance to the school calendar prescribed by the Ministry of Education Malaysia (MOE) with confirmation documents from MOE and movement to and from school can be accompanied by a guardian.</li> </ul> </li> </ul>

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Control Movement	<ul style="list-style-type: none"> <li>• Matriculation colleges are allowed during the MCO period. Students in boarding schools / universities / institutions are allowed to be in the respective boarding schools / universities / institutions and continue with hybrid learning.</li> <li>• International examinations and professional bodies as well as research activities that require laboratories facilities in the Institutions of Higher Learning (IPT) are <b>allowed</b> in compliance to the SOP of the IPT and movement must be accompanied by validation by the Ministry of Higher Education (MOHE) or the relevant IPT.</li> <li>• Movement for the lecturers / teachers / instructors for the purpose of Teaching and Learning of classes involved in the examination is <b>allowed</b> with confirmation from MOE and MOHE.</li> <li>• Movement for admission of students to dormitories for examination classes set by MOE and MOHE are <b>allowed</b> with confirmation from MOE and MOHE.</li> <li>• Students who need to obtain a movement permit letter to cross states or districts to return to campus from the respective IPT.</li> <li>• Movement in / out of MCO area for emergency cases such as death is <b>allowed</b> after obtaining permission from PDRM.</li> <li>• Movement in / out of MCO area for emergency cases such as natural disasters is <b>allowed</b>.</li> <li>• Natural disaster aid/ humanitarian aid movement by NGOs need PDRM permission and the aid must be channeled through the Disaster Operations Control Center (PKOB) under NADMA.</li> <li>• Control of movement in and out of Sabah during the MCO period is in accordance with the SOP of MOVEMENT CONTROL ORDER (MCO) FOR THE WHOLE STATE OF SABAH.</li> <li>• PCA and RGL between Malaysia and Singapore are to be continued based on the agreed agreement.</li> </ul>

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Action	Brief Description
Activities Within MCO Areas	<ul style="list-style-type: none"> <li>• All activities <b>other than those listed in the ESSENTIAL SERVICE LIST</b> are <b>NOT ALLOWED</b>.</li> <li>• Restaurants, shops / food stalls, food trucks, roadside hawkers, circulating hawkers, food courts/ hawker centers, roadside stalls / kiosks, grocery stores and convenience stores are <b>ALLOWED</b> to operate between 6.00 am to 8.00 pm.</li> <li>• Food supply or sale activities are <b>only allowed for takeaway, drive-through or delivery</b> starting between 6:00 am until 8:00 pm.</li> <li>• Hospitals, clinics and medical laboratories can operate for up to 24 hours or subject to terms of the license permit</li> <li>• Pharmacies can operate from 6:00 am to 8:00 pm.</li> <li>• Daily necessities shops can operate from 6:00 am to 8:00 pm.</li> <li>• Petrol stations can operate from 6:00 am to 10:00 pm except petrol stations located at the highway can operate for up to 24 hours.</li> <li>• Daily markets and farmers markets can operate from 7:00 am to 2:00 pm</li> <li>• Wholesale Markets can operate from 12:00 am to 6:00 am and 11:00 am to 4:00 pm.</li> <li>• Pet Clinics and Pet Shops are allowed to operate from 6.00 am to 8.00 pm.</li> <li>• Launderettes except self-service laundry is allowed to operate from 6:00 am to 8:00 pm</li> </ul>
Permission for operation and movement for essential need	<ul style="list-style-type: none"> <li>• All sectors in the list of essential services registered with the Ministry /related Agency can operate during the MCO period. Employee movement is subject to the registration / operating approval letter and employee pass / employer confirmation letter.</li> <li>• The movement of the official Government duties must be accompanied by an employer confirmation document.</li> <li>• Employee attendance capacity for <b>essential services</b> should be limited to employees who need to be physically present to the workplace for the purpose of performing duties and other categories of employees in the <b>essential services</b> can work from home. (Employers are responsible for classifying categories to reduce number of people in the workplace to the necessary rate).</li> </ul>

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Action	Brief Description
Mosque / Surau activities and houses of worship	<ul style="list-style-type: none"> <li>• For the purpose of managing the mosque / surau and houses of worship, 5 committee members are allowed to attend.</li> <li>• Friday prayers in the Federal Territories of Kuala Lumpur, Labuan and Putrajaya are allowed a maximum of 30 people while the states of Selangor, Penang are subject to the State Government and the State Islamic Religious Authority.</li> </ul>
Relaxation of Leisure Activities	<ul style="list-style-type: none"> <li>• Jogging activities are allowed in groups of not more than 2 people only in the neighborhood.</li> <li>• Group cycling is NOT allowed. Cycling activities alone not exceeding 10 km from the residence are ALLOWED.</li> </ul>
Childcare Centers, Nurseries, Kindergartens and Kindergartens	<ul style="list-style-type: none"> <li>• Childcare centers, nurseries, kindergartens and kindergartens are allowed to operate with the permission of the relevant Ministry / Agency.</li> <li>• Parents / guardians who send children to childcare centers are allowed to use the vehicle with the number of child passengers according to the capacity of the vehicle.</li> </ul>

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## ACTIVITIES & PROTOCOLS

### LIST OF ESSENTIAL SERVICES

(Only 30% attendance from the management team while the number of employees is determined by the employer by ensuring social distancing practices and public health protocols can be implemented in the workplace)

#### Manufacturing:

1. Aerospace including MRO;
2. Food, beverages and their chains;
3. Packaging and printing;
4. Household products, personal care items (FMCG - soap, personal cleansers etc.) and detergents including its chains;
5. Health and medical care including dietary supplements;
6. Personal protective equipment (PPE) and fire safety equipment;
7. Components for medical devices;
8. Electrical and electronics;
9. Oil and Gas (Oil and Gas);
10. Petrochemicals and petrochemical products;
11. Chemical products;
12. Machines and equipment;
13. Ceramics (ceramics as mold for making gloves);
14. Iron and steel;
15. Textiles involving PPE production only;
16. Furniture sector; and
17. Production, distillation, storage, supply and distribution of fuels and lubricants.

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### LIST OF ESSENTIAL SERVICES

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#### Construction

18. Construction:

- Maintenance and critical repair works;
- Major public infrastructure construction works; and
- Building construction works that provide complete workers' accommodation on construction sites or employees placed in the Centralised Workers Quarters (CLQ).

#### Service

19. Automotive (Repair and Maintenance Only);

20. Financial Services and its chain:

- Financial Institutions (Banking, Insurance, Takaful and other licensed, formulated or registered entities by Bank Negara Malaysia); and
- Capital market entities licensed, registered or regulated by the Securities Commission Malaysia.

21. Municipal and local government services:

- Pawnbroking/community credit (licensed moneylender company);
- Management of solid/sewerage waste;
- Public cleansing; and
- Cleaning of premises and sanitation.

22. Telecommunications and digital infrastructure including ICT services and global business services (GBS);

23. Ecommerce and its chains include e-marketplace services, digital payments and local internet centers;

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#### Service

24. Hotels and accommodation;

25. Agriculture, fisheries and livestock sectors including veterinary services:

- i. Farm management/nest of swift birds/ horses/ animal processing plants/slaughterhouses/ livestock/ feed mills of livestock/suppliers of vaccination/management of livestock/pet stores (livestock transplant operations are at night);
- ii. Disease control and regulated live livestock production, livestock inputs and related products livestock industry (including exports and imports); And
- iii. Health management, diagnosis of diseases and animal treatment.

26. Utilities (water and energy);

27. Professional services (including accountants/ lawyers/ auditors/ engineers/ architects), scientific (including R&D) and technical (including maintenance);

28. Security Services;

29. Security and Defence;

30. Transportation by land, water and air;

31. Port services and entrepreneurship, shipyards and airports, including unlocking and transfer of cargo, selling, storage or conversion of commodities.

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## ACTIVITIES & PROTOCOLS

### LIST OF ESSENTIAL SERVICES

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#### Distribution Trade

- 32. Warehousing and Logistics;
- 33. Food / Beverage Service / Sale / Delivery; and
- 34. Retail / Distribution / Wholesale.  
Plantation and Commodities
- 35. Agriculture, fisheries and livestock and its chains; and
- 36. Plantations and commodities and their chains.

#### Other - Other

- 37. Any services, work, industry and business as determined by the Minister of Health after consulting with the authorities regulating services, work, industry and business that.

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## ACTIVITIES & PROTOCOLS

Action	Brief Description
<b>List of Non-Allowable Activities (Negative List)</b>	
Economic Activities	<ul style="list-style-type: none"> <li>• Night market operations and Late Night Bazaar</li> <li>• Clothing store operations, laundromat, eyewear shop, barber shop, salon, SPA and reflexology</li> <li>• Tuition classes, music classes, dance classes, arts, study classes, language classes and so on.</li> </ul>
Entertainment Activities	<ul style="list-style-type: none"> <li>• Activities at nightclubs or pubs.</li> <li>• Activities at theme parks, indoor playgrounds, family karaoke and cinemas.</li> <li>• Concert activities or live events.</li> </ul>
Meetings	<ul style="list-style-type: none"> <li>• Face-to-face meetings of Government and private agencies involving the presence of representatives of external agencies and can be implemented by video conferencing.</li> </ul>
Seminar /Workshop /Conference /Exhibition	<ul style="list-style-type: none"> <li>• All Seminars / Workshops / Courses / Training / Conferences / Talks / Exhibitions and activities related to Meetings, Incentives, Conventions and Exhibitions (MICE).</li> <li>•</li> </ul>
Organising Gatherings	<ul style="list-style-type: none"> <li>• Official and Informal Ceremonies of Government and Private, Social Councils such as feasts, ceremonies weddings and engagements, receptions, aqiqah ceremonies, prayers of peace, tahlil, celebrations year, birthday celebrations, reunions, retreats and other social events.</li> <li>• Participation of government and private officials for Official and Informal Councils from PKP areas, PKPB and PKPD outside the area.</li> </ul>

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Sports Activities and Recreation	<ul style="list-style-type: none"> <li>• All sports and leisure activities except jogging and cycling activities such as stated in this SOP.</li> <li>• Tournament / competition organization activities.</li> <li>• Sports and recreational activities that involve a lot of involvement and are difficult to control social distancing</li> <li>• Sports events and competitions involving participants from abroad.</li> </ul>
Tourism Activities	<ul style="list-style-type: none"> <li>• Outbound / inbound tourism activities in PKP areas and in PKPD areas.</li> <li>• Overseas tourism activities by citizens and domestic tourism activities which involves foreign tourists entering Malaysia except foreign tourists from countries determined by the Minister.</li> </ul>
Other Activities Not allowed	<ul style="list-style-type: none"> <li>• Any activity that can cause many people to be present at one place until implications to social distancing and compliance with the instructions of the Director General of Health.</li> <li>• Other matters decided by the Government from time to time.</li> </ul>

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